



Penobscot Valley Senior College
499 Broadway PMB #274
Bangor, ME 04401
Cell phone: 207-659-1359
Email: pvsctmaine@gmail.com

Website: penobscotvalleyseniorcollege.org

PVSC Course List Fall 2022

Fall 2022 Course Term:

- Courses are four-five-or six weeks long and most begin the week of September 26, 2022.
- Three (3) in-person courses held in classrooms (these courses have limited numbers)
- One (1) Wildlife Habitat adventure course (limit of 20)
- Six (6) Zoom courses
- All courses are \$30.00 per person attending.

Membership:

- Membership dues are still \$25 for individuals and \$40 for two people at the same address. If you do not have a current membership, you will first register for membership, then enroll for a course.
- These courses occur during PVSC's ONE-TIME SPECIAL 18 MONTH membership year which began July 1, 2022, and ends December 31, 2023. You will still get an extra four months if you pay your membership dues now, so don't wait to join, even if you don't plan to take a fall course!
- Several One-Day Presentations throughout the year are included with your membership.

Registration:

- Online and mailed registration begins on September 2nd. Mailed information to members who do not have or use emails, are sent out before the website opens so that they have the same chance of course availability.
- Online registration closes on September 18th at 11:59 PM
- If you are mailing your registration form and check, please send before September 18th. It's also recommended if the course has limited participants, that you call 207-659-1359 to say you are mailing your registration so that a seat can be saved for you.
- If you have been informed that you have credit on your account, be sure to deduct that amount from your total owed online by choosing your credit first. If mailing in, just deduct the credit from your total. You may email pvsctmaine@gmail.com if you are uncertain if you have a credit.
- Members of other Senior Colleges will be informed when registration opens for the other colleges. Call, or email, give your name, email address, phone number and name of your college so our membership fee can first be cleared before you register online or mail it in.

How to Register:

- A perfect way to register is online on the secure website, however, if mailing is your preference, include the registration form with your check made out to PVSC. If you are concerned about mail delays, you can email us at our new email address: pvscmaine@gmail.com. List the date it was mailed, and the course(s) you wish to take if it has a limited course size.
- You must have an email account to take a Zoom course, so please indicate your preferred email where you want the Zoom links sent. All receipts and information are sent from the PVSC website, so be sure to check your junk or spam email folders if you don't receive a receipt in your inbox, especially if you've recently done updates to your browsers.

Zoom Information

For all Zoom courses, the link will be emailed two days prior to the first class session, and a reminder email on the morning of each class. Please make sure you see the email with the Zoom link before the class starts. These links also come from our website. If you have not received it two days prior to the class start, notify Sheila K. ASAP to get help.

- Any instructor handouts will be emailed to you as soon as they are received.
- Instructors are provided with their class roster, and some prefer to email their class members directly once the course has started so that will be discussed with the class.
- Class sessions will be recorded and available for two weeks for only those members who are registered for the course.

IN-PERSON and OUTDOOR COURSES/FIELD TRIPS:

- **Per PVSC Board policy, proof of current Covid immunization must be shown on the first day of class, for all in-person classes, without any exceptions.**
- Masks will be provided at all in-person and outdoor courses for those wishing them.
- At Dirigo Pines, Orono: Class members must wear a mask in the public areas of the inn, and when they sign-in at the main kiosk, and until they are in the Garden Room. Masks are not required in the classroom, but in all other parts of the Inn.
- At Bangor Region YMCA Mansion Parlor: Participants will adhere to PVSC's immunization policy and show proof of current vaccination at the first class. Members may choose to mask or not. Class participants will be informed before the first session of class of any changes.

Members of other Maine Senior Colleges:

- Members of other Maine Senior Colleges may email Sheila at pvscmaine@gmail.com with your name, email, phone number and your Senior College so the PVSC membership fee can be adjusted. You will then be able to register online, or mail in the form with a check without paying for the membership. Any courses with maximum participants, first choice is given to PVSC members.

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**Don't Wait! Register now!**  
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PENOBSCOT VALLEY SENIOR COLLEGE

FALL 2022 COURSE LIST

MONDAY MORNING

10:00 AM – 12:00 PM
A 6-week In-Person course*

Sept. 26, Oct. 3, 17, 24, 31, Nov. 7
***No class October 10th**

A Good Death

Bangor YMCA Mansion (Limit 20)

We actually have a lot of control over the way we die these days.

We can't pick the actual date, but we can plan the place and/or setting, and the people around us. With the proper planning we all can have an easy landing with loved ones there to support us. But this requires some work and planning. Learn what you need to do to plan for your Good Death.

Along with the instructor, a guest speaker will be presenting each week.

Handouts will be provided.

Proof of vaccination is required at the first class. At this time, masks are not mandatory, but will be available if you choose to wear one.

***NOTE: There will be no class on October 10, Indigenous Peoples Day.**

Instructor: Judy Tredwell

Judy Tredwell has been a hospice volunteer for over 25 years. She has worked with critical Incident Debriefing teams (EMS) and has been active with Bereavement Support Groups for 20 plus years.

MONDAY AFTERNOON

1:30 – 3:30 PM
A 6-week Zoom course*

Sept. 26, Oct. 3, 17, 24, 31, Nov. 7
***No class October 10th**

The Wonderful World of Fungi (Min. 10/Max. 30)



This six-week course will involve lectures and activities examining the following topics: what are fungi, degraders and fungi in food, fungal pathogens, mycorrhizal fungi, lichens, and poisonous and edible fungi. One of the sessions will feature an opportunity to share examples of fungi that members have found in their local area.

***NOTE: There will be no class on October 10, Indigenous Peoples Day.**

Instructor: Seanna Annis, Ph.D.

Seanna Annis, Ph.D. has taught mycology (the study of fungi) at the University of Maine for 20 years and has been fascinated with fungi for over 30 years. She has led fungal forays around Bangor and introduced many people to the wonders of fungi. Her research program at University of Maine studies the fungal pathogens of Maine wild blueberries. She also collaborates with researchers studying fungi that attack insects and degrade animal feed and foods.

TUESDAY MORNING

10:00 AM - 12:00 PM
A 6-week Zoom Course

Sept. 27, Oct. 4, 11, 18, 25, Nov. 1

The Art of “Photographic Seeing” (Limit of 10)

This course teaches students the art of “photographic seeing” - how to use light, composition, color, tone, framing and finally sequencing and presentation of digital images in a way that maximizes impact. The course will help people with any level of experience, including casual cell phone photographers, produce more effective photos. It will also be useful for those who may paint from photographs.



Instructor: Matthew Smolinsky

Matt Smolinsky is an artist, teacher, curator, and entrepreneur currently living and working in Orono, Maine. He was born and raised in New York, went to Boston University and Maine Media College, and in 2021 opened his own contemporary art gallery in Old Town.

TUESDAY AFTERNOON

1:30 PM - 3:30 PM
A 6-week Zoom Course

Sept. 27, Oct. 4, 11, 18, 25, Nov. 1

The American Song Book

Irving Berlin listed twelve things that a great song must have:

- basically, it must be singable by ordinary people—both men and women, young and old;
- it must have a “hook”—a phrase planted throughout the lyric;
- it must deal, freshly, with ideas that anyone can (and does) care about.

Between the end of the First World War and 1960 hundreds of songs were written to Berlin’s criteria. They’re called “standards” because they have a recognizable musical and poetic style; they’re also performed in a way that we all recognize - they’re made to swing. So how is it all done? That’s what we’ll look at in this six-week Zoom course.



Instructor: Bob Tredwell

Bob has taught Senior College courses from code-breaking to herring fishing. Previously unknown to his fans, in his youth he took music lessons from the pit-pianist at the local burlesque theater and found sympathy throughout college by his piano playing. Now too old and stiff to play, he can at least reflect on the popular music of the first half of the last century - the work of such organizations as Food and Medicine.

WEDNESDAY MORNING

10:00 AM - 12:00 PM
A 4-week in-person course

Sept. 28, Oct. 5, 12, 19

Beginner Mahjong



Dirigo Pines, Orono (*Limit of 8*)

Mahjong is a four person Chinese tile game of skill, strategy and luck, similar to the card game rummy. The tiles have three suits: bamboo, dots, and cracks. Other tiles include dragons, winds, flowers, and jokers (wild cards).

Each session will begin with the beginner lesson, so learners are able to review what they are learned the preceding week. Each lesson includes: an introduction to the tiles, an explanation of the card, practice, and a chance to play the game in a relaxed environment. All materials are provided.

Information about play dates and times will be provided to learners who wish to continue after this class is completed.

Proof of vaccination is required at the first class and masks must be worn in all public areas. Masks will be available.

Instructors: Susan McCallum and Brenda Willis

Susan is a retired teacher from Hampden who has taught French, Spanish, English, ballroom dance and now mahjong. She enjoys playing pickleball and duplicate bridge.

Brenda is a retired middle school teacher from Brewer. She enjoys games of all kinds and is active in Literacy Volunteers and Penobscot County Retired Educators Association.

WEDNESDAY AFTERNOON

1:30 PM - 3:30 PM
A 6-week in-person course

Sept. 28, Oct. 5, 12, 19, 26, Nov. 2

Beginners Bridge

Dirigo Pines, Orono (*Min. 4, Max. 16*)

This course will cover (1) hand evaluation and building; (2) playing the hand—signaling; (3) opening hand; (4) basic conventions; (5) basic courtesy and rules of play.

Proof of vaccination is required at the first class and masks must be worn in all public areas. Masks will be available.

Instructor: Lorraine Taylor

Lorraine is a long-time player. She is halfway to becoming a Life Master member of the American Contract Bridge League and is a member of the Dirigo Bridge Club in Bangor. We are excited to have her teach this class, since she was ready to start when Covid hit in March 2020!



WEDNESDAY AFTERNOON OUTDOOR COURSE

1:30 PM - 3:30 PM
A 6-week outdoor course

Sept. 28, Oct. 5, 12, 19, 26, Nov. 2

The Wildlands: Habitats from the North Gate, Orland, ME (Limit of 20)



This six-week outdoor course will meet at the Great Pond Mountain Conservation Trust in North Orland. It offers an exploration of specific habitats with specialists and stewards who have expertise and individual affinities with their areas in the Wildlands. There will be tailgate presentations, short walks, and targeted examinations of habitat locations. Several of the six sessions will be an

expansion of the details of the beautiful interpretive trail signs on the Valley Road.

Topics include The Wildlands Through Maps; Trees and Ferns of the Wildlands; Mosses and Lichens; Softwood, Mixed Woods, and Hardwood Habitats; and Why Silviculture is important to sustaining and stabilizing the Northern Forest.

Recommended material: Forest Trees of Maine. Pub. 2008 by the Maine Forest Service. This ring bound 6" x 9" book has 78 species, with colored photos, range maps and descriptions, all printed on glossy water-resistant paper. Order directly from the Maine Forest Service for \$15 at this link:

[Forest Trees of Maine: Handbooks & Guides: Publications: Division of Forestry: Maine ACF](#)

Bookstacks in Bucksport also carries this book.

Participants should wear walking shoes or boots, possibly light rainwear, and be prepared to walk an easy one to two miles. Directions to the meeting location and additional information will be sent to those who register. **Proof of Covid vaccination is required at the first class.**

Instructors:

Jane Crosen, a longtime member of GPMCT, helped lay out hiking trails with the Paths and Stewardship committees. She has created hand-drawn maps showing the Wildlands and Orland, along with many other coastal and lake regions throughout Maine.

Nick and Alice Noyes are both recent graduates of the Maine Master Naturalist Program and, partnering with others, have developed a series of interpretive nature signs along the Valley Road of the GPMCT Wildlands, and at Taft Point in Gouldsboro.

Carol Bennatti is a retired environmental science teacher who taught at George Stevens Academy. She is a founding member and current board member of Great Pond Mountain Conservation Trust. She serves on the Conservation Advisory and Stewardship committees and is a regular volunteer in the Wildlands.

Roger Greene has been a consulting forester for over 50 years, and is a specialist in forest mensuration and biometrics, silviculture, remote sensing, and forest planning. He is the author of 23 scientific publications and one book, *In the Company of Trees: The Empirical Forest*, 2021. He currently manages the 5,000 acres of The Wildlands - Great Pond Mountain Conservation Trust.

THURSDAY MORNING

10:00 AM - 12:00 PM
A 4-week Zoom course*

Oct. 13, 20, 27, Nov. 3
***Note the beginning date of the course**

Scandinavian Immigration to the United States, 1850-1950

This 4-week course will cover the general trends of Scandinavian immigration to the United States from the mid-19th century through the mid-20th century. Additionally, participants will explore the cultural, political, religious, and community institutions that Scandinavians engaged with and founded as they settled in the United States. Through that exploration, we will learn about the creation of Scandinavian-American cultural identities, many of which are still present in the American cultural landscape today.

Instructor: Gregory Gaines

Gregory is a Ph.D. candidate in the History department at the University of Maine. He studies Scandinavian immigration to the United States and ways in which Scandinavian-Americans created a cultural niche for themselves in nineteenth and twentieth century America. He has previously taught a course on Norse Mythology for PVSC and also presented during the Summer Extravaganza 2022 on Scandinavian Immigration to New England. He is excited to be offering more material about Scandinavian immigration and cultural heritage in the United States.

FRIDAY MORNING

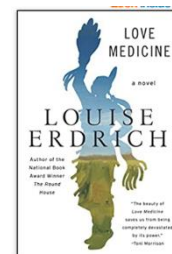
10:00 AM – 12:00 PM
A 5-week Zoom course*

Sept. 30, Oct. 7, 21, 28, Nov. 4
***No class Oct. 14th**

Traditions and Innovations in Native American Literature: How Storytelling Informs the Written Word

Participants will read prose fiction from contemporary authors Louise Erdrich (Ojibwe) and Morgan Talty (Penobscot), as well as examples of traditional stories from these authors' cultural communities. We will have a chance to enjoy great and entertaining narratives, sample "Indin' humor," find the outlines of heroes from an indigenous pantheon in fictional human characters, and contemplate the influence of story cycle on the form of contemporary fiction.

Required text: Louise Erdrich, *Love Medicine*. Novel, pub. 1984, updated in 1993, and 2009. Try to get 1993 or 2009 version, widely available in local libraries, as well as on Amazon.com and in independent bookstores.) Additional material will be emailed to students.



Instructor: Margo Lukens

Margo is a professor of English at the University of Maine, specializing in literature of Anglo-American colonization, and Native American literatures. Her interests include Wabanaki literature and languages, Native American and First Nations drama, and decolonization work. She is past director of the McGillicuddy Humanities Center at UMaine and serves on the board of the Abbe Museum in Bar Harbor. Her current projects include publication of traditional Penobscot texts in bilingual format and creating a digital Wabanaki Resources Portal.

FRIDAY AFTERNOON

1:30 PM – 3:30 PM
A 6-week Zoom Course

Sept. 30, Oct. 7, 14, 21, 28, Nov. 4

Maine State Government: How Things Get Done

Government is a little like baseball. There's a rule for everything, but there's also a historic reason for every rule. In this course, we'll explore how things happen in state government—where processes and institutions come from, what they are meant to do and how people use them, how government responds to challenges and crises, how different governmental entities interact and why, and how government solves problems—and then manages those solutions.



We will use and discuss historic case studies, review a broad array of policies, and discuss what they were intended to do and how they actually work, and talk about how policies are changed or discarded.

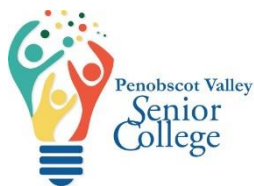
Participants will learn a bit of history and learn how to engage their state government and maybe even how to research policy origins on their own. They will be encouraged to ask questions and participate in discussions.

Likely weekly topics will be:

- Coming to Yes: Building a Government—this visits the drive to statehood by way of the repeal of the Coasting Laws and the Missouri Compromise, and along a winding path that includes the development of factions into parties and the implications of policy development, will take us to elections and ranked-choice voting
- Leaping to Conclusions—Identifying and Addressing Problems—among examples will be the Land Bounty Acts, the Economic Development Commission cookbooks, how we sometimes (mis)interpret problems and solutions and wherever else the conversation takes us
- Oversight: Whose Government Is It, Anyway? —Boys Reformatory scandal of the 1880's, theft from the treasury by the state treasurer in 1859, and the oversight role of the Legislature, along with OPEGA, etc. The guardianship role of elected officials.
- The Government You Pay For—development of currency, taxes and changes in tax policy, and war; the panic of 1837, the Banker's Panic of 1911, with some reaching back to the first class and the Greenback Party
- Agreeing to Win—or Lose—development and use of procedures, how to follow what's happening, Thomas Brackett Reed and the disappearing quorum, legislative voting, etc.
- Who *Are* You? —different government structures and how they intertwine; federal, state, county, and local; the courts; and what people pay attention to. This one is most susceptible to change depending on what other conversations come into play.

Instructor: Matt Dunlap

Matt has served in state government as a state representative, legislative committee chair, secretary of state, and state auditor. Dunlap served during times of tremendous change and controversy and has returned to tell the tale. He has also worked as an advocate and administrator. He holds degrees in history and literature from the University of Maine and lives in Old Town.



PVSC FALL 2022 ZOOM COURSES REGISTRATION FORM

Online Registration ENDS SEPTEMBER 18TH at 11:59 pm
Send mailed registrations prior to September 18th in case of delays

PVSC 499 Broadway PMB #274 Bangor, ME 04401
Classes start the week of Monday, September 26, 2022

Each course is \$30, for each 2022-2023 household member registering for the class.

- \$ _____ PVSC Membership \$25 individual July 1, 2022-Dec. 31, 2023
- \$ _____ PVSC Membership for \$40 two people at the same address July 1, 2022-Dec. 31, 2023
- \$ _____ A Good Death (Limit 20) (In-person) Mon. 10:00 – 12:00 (6 weeks, no class 10/10)
- \$ _____ Wonderful World of Fungi (Zoom) Mon. 1:30 - 3:30 (6 weeks, no class 10/10)
- \$ _____ Art of “Photographic Seeing” (Zoom) Tues. 10:00 - 12:00 (6 weeks)
- \$ _____ American Songbook (Zoom) Tues. 1:30-3:30 (6 weeks)
- \$ _____ Beginner Mahjong (In-person) Wed. 10:00 - 12:00 (4 weeks, Limit 8))
- \$ _____ Beginners Bridge (In-person) Wed. 1:30-3:30 (6 weeks, Limit 16)
- \$ _____ Wildlands Habitat from North Gate, Orland, ME (Outdoor course) Wed. 1:30-3:30 (6 weeks, Limit 20)
- \$ _____ Scandinavian Immigration...(Zoom) Thurs. 10:00 – 12:00 (4 weeks, begins 10/13)
- \$ _____ ...Native American Literature... (Zoom) Fri. 10:00 – 12:00 (5 weeks, no class 10/14)
- \$ _____ Maine State Government (Zoom) Fri. 1:30 – 3:30 (6 weeks)

Checks to PVSC – Total enclosed: \$ _____

Name: _____

Name: _____

Address: _____

Email address: _____

Phone number: _____ Home or Cell (Circle one).

Feel free to print an additional registration form or indicate with initials who is taking the course.

If you are taking an In-Person Course, are you willing to be a classroom assistant if training is provided? Yes No (Circle One)

I prefer to receive PVSC information via email or US Mail (circle one).